

About Your Chart

There is much confusion about what astrology is and what it can do. The media, with horoscope columns and calling astrologers the misnomer of “fortunetellers,” has permeated mass consciousness with an erroneous stereotype. Therefore, most people who have their chart interpreted do not have a clear idea of what to expect. And, unfortunately, quality and methods vary greatly from one practitioner to another. Some even capitalize on the perpetuation of the mystical fortuneteller image. Then there are the misinterpreted Bible passages that prejudice many people. In an effort to help you get the most from your sessions with me, please keep the following in mind:

- **Your life is not 100% fated and is not an entirely pre-determined, scripted event.** No one can tell you what you are going to decide or what anyone else is going to do. The truth is that you are creating your future every minute that you think about anything. There is a vast sub-atomic particle field (read *The Field* by Lynne McTaggart for more about this) that responds to your thoughts at all times. It permeates your body and every spot in the universe, so it is operating every second. Scientists have proven repeatedly that these particles respond to emotionally charged energy—including thoughts—and actually conform to give you what you think about the most. The best way to think about the future is to envision what you desire as though it is already here.
- **If you create your own reality, why is a forecast necessary or even desirable?** Look at a forecast as a weather report. There are cycles affecting you, and there is a “time for everything under the heavens” as the Bible says in Ecclesiastes 3. As far as I’ve observed, there seems to be about 20% (and it could be more) of one’s life that *is* fated insofar as there are events you cannot control that you were destined to experience. For instance, people die, and you experience that loss and have no control over it. You may be destined for certain lessons that you pre-arranged for yourself before you were born in order to help you overcome psychological issues you may have developed in past lives. Those are usually shown by solar arc or progressions although some of the outer planetary transits can trigger them. It is all good and put in place for your benefit. No matter how positively you envision a future for yourself, if the unconscious part of you is blocking it, it needs to be changed before a vision can materialize. It can’t be changed until you recognize what it is, and you will unerringly attract what you need for the lessons to unfold. A forecast is a wonderful tool to help you know when these are appearing in your life drama, help you put your life “on time” and use the energies to their greatest potential. Without this knowledge, you are operating in default mode.
- **Your chart *does* describe how you have evolved so far up to your birth.** When you were born and took your first breath, you breathed in the electromagnetic pattern in the air at that moment; it matches your character—a blueprint—that you

will carry with you throughout your life. But, the minute you took your second breath, and all thereafter, things began to change and you began to make choices. As you make choices throughout your life, you create new experiences; each one teaches you something, and as a result, you become a different person and evolve. Often when I interpret a natal chart for someone, that is, the chart they were born with, the client will comment that they *used to be* that way, but not any more. That is to be expected. After all, if you had not changed, you would not have grown, and so much of your life would have been static and wasted. However, it is so valuable to know what the starting point of this life was so you can compare it to how you are doing, and also to give you a good idea of what this lifetime is all about. What is the agenda, life lesson or purpose for being here?

- **Most of your psyche operates on a subconscious level.** We all like to think we know ourselves, but that is not always true. I have watched many clients actually act out character traits right in front of me while at the same time denying that they have those traits at all! My teacher, Lionel Day, once said that if a client says we are 80 to 90 percent right, then we may very well be 100% right because there is always a certain amount s/he will consciously not know. Watch your feelings. If you get incensed or outraged about something an astrologer says, there is a good chance it is hitting a “subconscious nerve” and is definitely something you should further explore and think about. If something really is *not* true about you, it would not elicit a strong response. It would not bother you, and you’d laugh it off.
- **Astrologers are not psychics, although some may have additional gifts in that regard.** There is a difference between astrologers, psychics, palm readers, etc. I cannot tell you what choices you have made, so I do not know how you have evolved. Given a life lesson on your path, you may very well have ignored it and learned nothing, but on the other hand it could have had a profound effect and conferred sainthood on you. It is helpful if you tell me some of the highlights of your evolution—not what has “happened,” but what you have learned about yourself and your character as we explore your chart together. This is not a performance, but a dialog about you and your possibilities. Too often clients will say nothing during a consultation as if that proves how “good” I am. Most of the time they are happy with the result, but that ultimately only inhibits what you can get from the session, and often I am frustrated at not being able to further explore some important issues. The final purpose in learning about your chart is to empower you to be all you can be, and that can only be accomplished when I have a good idea of what choices you have made and how well you know yourself.
- **Astrology is still developing, and there is much work to be done.** Although the art/science of astrology is amazing in its ability to define the human condition, there are still details that we do not know and conflicts from various factions about what is true or not true. Just as the soft sciences of psychology and medicine are not perfect and always in development, so is astrology. Mistakes will be made, errors of judgment occur, and after all, astrologers are human, too. Do not accept all you hear from any one person. If you really disagree with something, bring it up and discuss it. It might just be semantics. But, often we learn from our clients, and it makes our future work better.